

SPSD Timetable Studio's 2 3 - September 2023

STUDIOS 2 3 - 11/09/23 - 21/10/23

| MONDAY | STUDIO 2 | MONDAY | STUDIO 3 |
|---------------|--|----------------|---|
| | | 10:00 - 10:40 | Mini Movers -18 months to 3 yrs - Session |
| 15:45 - 16:15 | "Top of the Pops" for Tots Freestyle Disco | 15:45 - 16:15 | Street Dudes - Boys Street from 3 yrs |
| 16:20 - 16:50 | Baby Lyrical From 5 years | 16:20 - 17:00 | Boys Street from 7 yrs |
| 16:55 - 17:25 | Improvers Rock & Roll | 17:05 - 17:45 | Mixed Street |
| 18:00 - 18:30 | Beginners Rock & Roll 7 Yrs Upwards | 17:50 - 18:30 | Senior Jazz |
| 18:30 - 19:10 | Beginner Competition Squad Training | | |
| 19:15 - 19:55 | Advanced Senior Rock & Roll | | |
| 19:55 - 20:40 | Advanced Senior Freestyle | | |
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| TUESDAY | | TUESDAY | |
| 16:00 - 17:00 | NEW Beginners Acro - From 7 years | 15:45 - 16:25 | Improvers Juv/Jun Freestyle Disco |
| | | 16:30 - 17:00 | Improvers Lyrical - Group 1 |
| 17:05 - 17:45 | Improvers Juvenile Freestyle Disco | 17:45 - 18:25 | Juvenile Jazz 8 Yrs & up |
| 17:50 - 18:30 | Intermediate Freestyle Disco | 18:30 - 19:15 | Juvenile Commercial 9 yrs & up |
| 18:35 - 19:15 | Junior Advanced Rock & Roll | 19:20 - 20:05 | Advanced Senior Commercial |
| 19:30 - 20:15 | Advanced 'FITSTEPS' | | |
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| WEDNESDAY | | WEDNESDAY | |
| 15:45 - 16:15 | "Top of the Pops" for Tots Freestyle Disco | | |
| 16:20 - 17:05 | | 16:45 - 17:25 | Grade 5 Modern |
| 17:10 - 17:55 | Improvers Freestyle 6-8 Years (Sally) | 17:25 - 18:05 | Advacned Junior Lyrical (Tara) |
| 18:00 - 18:40 | Beginner Freestyle 6 yrs & up (Sally) | 18:10 - 18:55 | Juvenile Contemporary from 9 yrs |
| 19:00 - 19:45 | Advanced Senior Lyrical (Tara) | 19:00 - 19:45 | Intermediate Lyrical (Jess) |
| | | 19:50 - 20: 35 | Contemporary from 13yrs (Jess) |
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| THURSDAY | | THURSDAY | |
| | | 09:50 - 10:30 | Mini Movers -18 months to 3 yrs- Session |
| 15:45 - 16:15 | "Top of the Pops" for Tots Freestyle Disco | 15:45 - 16:15 | Pre Primary Ballet Group 1 |
| 16:20 - 16:50 | Improvers Juvenile Disco | 16:20 - 17:00 | Grade 1 Ballet |
| 16:55 - 17:25 | Improvers Lyrical from 8 Yrs - Group 2 | 17:05 - 17:50 | Grade 2 Ballet |
| 17:30 - 18:15 | Advanced Competition Training Squad | 17:55 - 18:40 | Grade 3 Ballet |
| 18:20 - 19:05 | Advacned Junior/Senior Freestyle | 18:45 - 19:30 | Grade 3 Ballet (Exam) |
| 19:10 - 20:10 | Advanced Acro | 19:35 - 20:20 | Intermediate Ballet |
| | | 20:25 - 20:55 | Advanced Pointe |
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| FRIDAY | | FRIDAY | |
| 15:45 - 16:45 | Intermediate Acro - 7yrs & Over | 15:45 - 16:15 | Primary Ballet |
| 16:50 - 17:50 | Acro - 7yrs & Over | 16:20 - 16:50 | Pre Primary Ballet Group 2 |
| 18:20 - 19:00 | Grade 3 Modern | 16:55 - 17:35 | Primary Ballet (Exam) |
| | | 17:40 - 18:25 | Grade 5 Ballet |
| | | 18:30 - 19:00 | Pre-Pointe Conditioning & Beginners |
| | | 19:05 - 19:50 | Grade 4 Ballet |
| | | 19:55 - 20:40 | Grade 6 Ballet |
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| SATURDAY | | SATURDAY | |
| 08:45 - 09:30 | Advanced 'FITSTEPS' | 09.00 - 09.30 | Top of the Pops for Tots' Freestyle (Sally) |
| 09:35 - 10:20 | Improvers Juvenile Freestyle (Sally) | 09:50 - 10:20 | Top of the Pops for Tots' Freestyle (Tara) |
| 10:25 - 11:10 | Improvers Juvenile Freestyle (Sally) | 10:25 - 11:05 | Mini Lyrical (Tara) |
| 11:15 - 12:00 | Intermediate Freestyle (Sally) | | |